



# PLAYER ROSTER

NO.	PLAYER	HEIGHT (CM)	POSITION	DOB
1	Janelle Adams	175	Guard	17/08/90
3	Mikaela Ruef	190	Forward	20/10/90
5	Lauren Mansfield	170	Point Guard	18/12/89
6	Alice Coddington	178	Guard	24/10/88
7	Steph Bairstow	188	Forward	10/10/94
8	Carly Wilson	189	Guard/Forward	8/07/82
10	Kate Gaze	173	Guard	18/02/90
12	Marianna Tolo	196	Forward/Centre	2/07/89
13	Abbey Wehrung	178	Guard	28/12/95
21	Keely Froling	188	Forward	31/01/96
24	Jazmon Gwathmey	188	Guard	24/01/93

## CLUB INFO

CLUB DETAILS	
CLUB NAME	UC Capitals
MAJOR SPONSOR	University Of Canberra
FACEBOOK HANDLE	facebook.com/CanberraCaps
TWITTER HANDLE	@CanberraCaps
INSTAGRAM HANDLE	uccapitals
UNIFORM COLOURS	Blue/White/Black
STADIUM NAME	Southern Cross Stadium
STADIUM ADDRESS	22 Cowlishaw St, Greenway ACT 2900
CAPACITY	1200

CLUB CONTACTS	
CLUB CONTACT	Matthew Phelps
Mobile	0421 899 175
Email	Matthew.Phelps@canberra.edu.au
CLUB MEDIA OFFICER	Amanda Jones
Mobile	0409 140 415
Email	Amanda.Jones@canberra.edu.au
COMMUNICATIONS OFFICER	Aaron Palazzo
Mobile	0432 265 870
Email	Aaron.Palazzo@canberra.edu.au
HEAD COACH	Paul Goriss
Mobile	0400 337 088
Email	Paul.Goriss@canberra.edu.au
ASSISTANT COACH	Reece Potter
Mobile	0432 494 026
Email	reecepotter@outlook.com
TEAM MANAGER	Barb Lodding
Mobile	0416 066 774
Email	barblodding@netspeed.com.au
CLUB GAME COMMISSIONER	Gary Evans
Mobile	0418 660 164
CLUB HEAD STATISTICIAN	Richard Noble
Mobile	0407 903 335
Email	noblede@grapevine.com.au





# 2016/17 SCHEDULE

ROUND	GAME	DATE	TIME	VENUE	HOME TEAM	AWAY TEAM
1	2	Sat Oct 8	3:00 pm	SCS	UC CAPITALS	DANDENONG
2	6	Fri Oct 14	7:00 pm	SCS	UC CAPITALS	ADELAIDE
2	11	Sun Oct 16	5:00 pm	BRY	SYDNEY UNI	UC CAPITALS
3	15	Sat Oct 22	7:00 pm	PER	PERTH	UC CAPITALS
4	18	Fri Oct 28	7:00 pm	SCS	UC CAPITALS	MELBOURNE
5	24	Sat Nov 5	7:30 pm	BEN	BENDIGO	UC CAPITALS
5	25	Sun Nov 6	2:00 pm	DAN	DANDENONG	UC CAPITALS
6	30	Sat Nov 12	7:00 pm	TAR	DANDENONG	UC CAPITALS
7	34	Sat Nov 19	7:00 pm	SCS	UC CAPITALS	TOWNSVILLE
8	40	Sun Nov 27	2:00 pm	SCS	UC CAPITALS	PERTH
9	43	Fri Dec 2	7:00 pm	SCS	UC CAPITALS	MELBOURNE
10	48	Thu Dec 8	7:00 pm	SCS	UC CAPITALS	SYDNEY UNI
11	54	Fri Dec 16	7:30 pm	BEN	BENDIGO	UC CAPITALS
11	56	Sat Dec 17	7:30 pm	SBC	MELBOURNE	UC CAPITALS
13	61	Fri Jan 6	7:00 pm	TSV	TOWNSVILLE	UC CAPITALS
13	65	Sun Jan 8	5:00 pm	BRY	SYDNEY UNI	UC CAPITALS
14	69	Sat Jan 14	3:00 pm	SCS	UC CAPITALS	TOWNSVILLE
15	73	Sat Jan 21	7:00 pm	SCS	UC CAPITALS	BENDIGO
16	76	Thu Jan 26	3:00 pm	SCS	UC CAPITALS	SYDNEY UNI
17	81	Fri Feb 3	7:30 pm	AA	ADELAIDE	UC CAPITALS
17	83	Sun Feb 5	2:00 pm	PER	PERTH	UC CAPITALS
18	88	Sat Feb 11	3:00 pm	SCS	UC CAPITALS	BENDIGO
19	91	Thu Feb 16	7:00 pm	SCS	UC CAPITALS	ADELAIDE
19	93	Sat Feb 18	7:00 pm	TSV	TOWNSVILLE	UC CAPITALS

\*\* Double Header with NBL

ROSTER

2016/17 SCHEDULE

YEAR BY YEAR

PLAYER INFO

## FINALS GAMES

<b>SF1</b>	Sat Feb 25	1st	<b>Vs</b>	4th
<b>SF1</b>	Fri Mar 3	4th	<b>Vs</b>	1st
<b>SF1</b>	Sun Mar 5	1st	<b>Vs</b>	4th
<b>SF2</b>	Sat Feb 25	2nd	<b>Vs</b>	3rd
<b>SF2</b>	Fri Mar 3	3rd	<b>Vs</b>	2nd
<b>SF2</b>	Sun Mar 5	2nd	<b>Vs</b>	3rd
<b>GF1</b>	Sat Mar 11	Winner of SF1	<b>Vs</b>	Winner of SF2
<b>GF2</b>	Fri Mar 17	Winner of SF2	<b>Vs</b>	Winner of SF1
<b>GF3</b>	Sun Mar 19	Winner of SF1	<b>Vs</b>	Winner of SF2

## 2016/17 VENUES

<b>AA</b>	Adelaide Arena
<b>SCS</b>	Southern Cross Stadium
<b>BRY</b>	Brydens Stadium
<b>BEN</b>	Bendigo Stadium
<b>DAN</b>	Dandenong Basketball Stadium
<b>TAR</b>	Traralgon Sports Stadium
<b>GEE</b>	The Geelong Arena
<b>TSV</b>	Townsville Stadium
<b>SBC</b>	State Basketball Centre
<b>PER</b>	Bendat Basketball Centre

# YEAR BY YEAR

YEAR	WINS	LOSSES	POSITION	PLAYOFFS	COACH
1986	16	8	6th	Missed Playoffs	Jerry Lee
1987	7	13	9th	Missed Playoffs	Ken Simpson
1988	13	9	5th	Missed Playoffs	Dave Nelson
1989	8	15	10th	Missed Playoffs	Guy Molloy
1990	5	19	11th	Missed Playoffs	Tony McGee
1991	12	10	5th	Missed Playoffs	Jerry Lee
1992	11	9	4th	Lost Semi Final	Jerry Lee
1993	7	11	8th	Missed Playoffs	Tad Duffelmeir
1994	7	11	7th	Missed Playoffs	Jerry Lee
1995	8	10	6th	Missed Playoffs	Michelle Wall
1996	5	13	8th	Missed Playoffs	Michelle Wall
1997	6	12	5th	Missed Playoffs	Mike McHugh
1998	2	10	8th	Missed Playoffs	Mike McHugh
1998/99	4	17	8th	Missed Playoffs	Mike McHugh
1999/00	16	5	1st	Won Championship	Carrie Graf
2000/01	17	4	1st	Lost Grand Final	Carrie Graf
2001/02	15	6	2nd	Won Championship	Carrie Graf
2002/03	16	5	1st	Won Championship	Tom Maher
2003/04	13	8	4th	Lost Semi Final	Carrie Graf
2004/05	9	12	5th	Missed Playoffs	Tom Maher
2005/06	14	7	3rd	Won Championship	Carrie Graf
2006/07	15	6	2nd	Won Championship	Carrie Graf
2007/08	17	7	3rd	Lost Semi Final	Carrie Graf
2008/09	19	3	1st	Won Championship	Carrie Graf
2009/10	16	6	1st	Won Championship	Carrie Graf
2010/11	18	4	2nd	Lost Grand Final	Carrie Graf
2011/12	9	13	8th	Missed Playoffs	Carrie Graf
2012/13	7	17	8th	Missed Playoffs	Carrie Graf
2013/14	10	14	7th	Missed Playoffs	Carrie Graf
2014/15	11	11	5th	Missed Playoffs	Carrie Graf
2015/16	2	22	9th	Missed Playoffs	Carrie Graf

ROSTER

2016/17 SCHEDULE

YEAR BY YEAR

PLAYER INFO



## HEAD COACH PAUL GORISS

Goriss comes to the WNBL after 13 years at the AIS. Goriss spent 10 years as an assistant/senior coach of the AIS Men’s basketball program and the last 3 years as the Head Coach of Basketball Australia’s Centre of Excellence Women’s program based at the AIS.

He brings a wealth of knowledge and experience in individual player development and has coached many of Australia’s young talent through his time at the AIS. He is the current coach of the Australian U19 Gems women’s team that in 2015 won the bronze medal at the FIBA U19 Women’s World Championships.

With a new and refreshed UC Capitals group, Goriss is looking to build another Capitals team capable of adding to the great legacy of former coach Graf.

Alongside Goriss on the sideline will be Reece Potter and Peta Sinclair. Both have had WNBL experience with Reece as an assistant to Sydney Uni Flames and Peta with the Townsville Fire & AIS. Reece is the current head coach of the Launceston Tornadoes and took the team to the SEABL South Conference championship game this year before falling to Kilsyth in the final. Peta is no stranger to Canberra after playing with the club between 2005-09.

# 2016/17 PLAYER INFO



## #1 JANELLE ADAMS GUARD

**Player Number** 1  
**Player Name** Janelle Adams  
**Player Position** Guard  
**DOB** 17-Aug-90  
**Height** 175cm  
**Nationality** USA/Australian



## #3 MIKAELA RUEF FORWARD

**Player Number** 3  
**Player Name** Mikaela Ruef  
**Player Position** Forward  
**DOB** 20-Oct-90  
**Height** 190cm  
**Nationality** USA

**Career Highlights** Making it to the NCAA "Final Four" 4 times during her college career for Stanford University.  
**Junior Association** N/A

**Player Bio**

This is Mikaela's 3rd WNBL season previously having stints with the Sydney Uni Flames & Adelaide Lightning. She has also played for the Launceston Tornadoes during the 2015 and 2016 SEABL seasons. She is a proven performer at both ends of the floor consistently averaging 'double doubles' in rebounds and points. She brings a wealth of experience and outstanding work ethic that will be key to the UC Caps success this WNBL season.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS				AVERAGES						
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Sydney Uni	2014/15	19	188	76	40.4	9	0	0.0	74	44	59.5	197	35	114	149	38	35	18	15	31	10.4	7.8	1.8
Adelaide	2015/16	24	315	116	36.8	18	4	22.2	121	79	65.3	315	95	189	284	55	52	18	25	49	13.1	11.8	2.2
		<b>43</b>	<b>503</b>	<b>192</b>	<b>38.2</b>	<b>27</b>	<b>4</b>	<b>14.8</b>	<b>195</b>	<b>123</b>	<b>63.1</b>	<b>512</b>	<b>130</b>	<b>303</b>	<b>433</b>	<b>93</b>	<b>87</b>	<b>36</b>	<b>40</b>	<b>80</b>	<b>11.9</b>	<b>10.1</b>	<b>2.0</b>



## #5 LAUREN MANSFIELD POINT GUARD

**Player Number** 5  
**Player Name** Lauren Mansfield  
**Player Position** Point Guard  
**DOB** 18-Dec-89  
**Height** 170cm  
**Nationality** Australian

**Career Highlights** Making the 2016 Opals squad  
**Junior Association** North Adelaide Rockets (SA)

**Player Bio**

Mansfield comes to the UC Caps on the back on a career defining season last year with the SEQ Stars. Mansfield stood up in the absence of WNBA guard Erin Phillips and lead the Stars to a playoff berth in their inaugural WNBL season. She averaged 15.5 points, 4.71 rebounds and 5.5 assists. Mansfield has also played for the Launceston Tornadoes in the SEABL where she has captained the side since 2013. Mansfield will be key to the Caps success this season as she looks to steer the ship from the point guard role.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS				AVERAGES						
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Adelaide	2012/13	24	107	37	34.6	53	15	28.3	12	12	100.0	101	16	35	51	24	34	0	16	33	4.2	2.1	1.4
Adelaide	2013/14	24	73	28	38.4	30	11	36.7	20	13	65.0	80	13	25	38	16	16	1	11	24	3.3	1.6	0.7
SEQ Stars	2015/16	21	304	130	42.8	82	31	37.8	40	35	87.5	326	28	71	99	35	114	4	17	58	15.5	4.7	5.4
		<b>69</b>	<b>484</b>	<b>195</b>	<b>40.3</b>	<b>165</b>	<b>57</b>	<b>34.5</b>	<b>72</b>	<b>60</b>	<b>83.3</b>	<b>507</b>	<b>57</b>	<b>131</b>	<b>188</b>	<b>75</b>	<b>164</b>	<b>5</b>	<b>44</b>	<b>115</b>	<b>7.3</b>	<b>2.7</b>	<b>2.4</b>



## #6 ALICE CODDINGTON GUARD

<b>Player Number</b>	6	<b>Career Highlights</b>	Played 3 years at Utah State University. She started in all games during her sophomore and junior years. She was also a member of the 2006 U/19 National team.
<b>Player Name</b>	Alice Coddington		
<b>Player Position</b>	Guard		
<b>DOB</b>	24-Oct-88	<b>Junior Association</b>	Canberra
<b>Height</b>	178cm		
<b>Nationality</b>	Australia		

### Player Bio

Coddington is a Canberra junior and has been a mainstay of the Capitals program since 2011. She is an inspiration to ACT juniors and proves that there is a real pathway for junior female players in Canberra to make it to the elite level with the UC Capitals. Coddington has also been a long time servant of the Canberra Capitals Academy SEABL team. Her defensive intensity and toughness makes her a great asset to the 2016/17 UC Capitals roster.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS			FLS			ASS			BLK			STL			TO			AVERAGES		
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS										
Canberra	2011/12	9	17	6	35.3	6	3	50.0	1	1	100.0	16	3	5	8	6	6	2	2	9	1.8	0.9	0.7										
Canberra	2012/13	24	38	8	21.1	14	2	14.3	8	3	37.5	21	4	10	14	19	12	2	10	20	0.9	0.6	0.5										
Canberra	2013/14	17	18	7	38.9	7	2	28.6	0	0	0.0	16	8	9	17	16	3	1	4	8	0.9	1.0	0.2										
UC Capitals	2014/15	22	66	31	47.0	13	5	38.5	14	9	64.3	77	11	15	26	36	23	2	3	26	3.5	1.2	1.0										
UC Capitals	2015/16	20	21	8	38.1	2	1	50.0	4	2	50.0	19	2	8	10	19	13	2	5	16	1.0	0.5	0.7										
		<b>92</b>	<b>160</b>	<b>60</b>	<b>37.5</b>	<b>42</b>	<b>13</b>	<b>31.0</b>	<b>27</b>	<b>15</b>	<b>55.6</b>	<b>149</b>	<b>28</b>	<b>47</b>	<b>75</b>	<b>96</b>	<b>57</b>	<b>9</b>	<b>24</b>	<b>79</b>	<b>1.6</b>	<b>0.8</b>	<b>0.6</b>										



## #7 STEPHANIE BAIRSTOW FORWARD

<b>Player Number</b>	7	<b>Career Highlights</b>	Played NCAA Division 1 basketball at Utah State University throughout 2012-2014 .
<b>Player Name</b>	Stephanie Bairstow		
<b>Player Position</b>	Forward	<b>Junior Association</b>	Brisbane Capitals
<b>DOB</b>	10-Oct-94		
<b>Height</b>	188cm		
<b>Nationality</b>	Australia		

### Player Bio

Bairstow comes to the UC Capitals after missing the 2015/16 WNBL season through injury. She has recently had stints in the SEABL with Brisbane and Bendigo where she has been a solid performer. Bairstow will add some outside shooting and much needed rebounding to the new, young UC Capitals squad.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS			FLS			ASS			BLK			STL			TO			AVERAGES		
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS										
AIS	2011/12	10	13	5	38.5	0	0	0.0	0	0	0.0	10	5	2	7	10	0	1	0	5	1.0	0.7	0.0										
		<b>10</b>	<b>13</b>	<b>5</b>	<b>38.5</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>10</b>	<b>5</b>	<b>2</b>	<b>7</b>	<b>10</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>5</b>	<b>1.0</b>	<b>0.7</b>	<b>0.0</b>										



## #8 CARLY WILSON GUARD/FORWARD

**Player Number** 8  
**Player Name** Carly Wilson  
**Player Position** Guard/ Forward  
**DOB** 8-Jul-82  
**Height** 189cm  
**Nationality** Australia

**Career Highlights** A member of the Australian Opals team and squad between 2005 & 2012  
**Junior Association** Nunawading

**Player Bio**

A multiple WNBL championship winner with both Canberra and Dandenong, Wilson brings a plethora of winning experience to a relatively young and new look UC Capitals side. Wilson's shooting will open up some valuable inside space for bigs Tolo & Ruef.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS				AVERAGES						
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Dandenong	1998/99	4	3	0	0.0	1	0	0.0	0	0	0.0	0	0	0	0	0	0	0	0	0	0.0	0.0	0.0
AIS	1999/00	6	24	14	58.3	7	4	57.1	2	0	0.0	32	1	11	12	7	5	2	5	9	5.3	2.0	0.8
AIS	2000/01	21	185	73	39.5	68	21	30.9	18	14	77.8	181	30	49	79	44	35	24	14	30	8.6	3.8	1.7
AIS	2001/02	21	212	87	41.0	62	19	30.6	47	34	72.3	227	27	61	88	49	52	22	20	42	10.8	4.2	2.5
Dandenong	2002/03	21	330	147	44.5	63	24	38.1	75	51	68.0	369	54	80	134	40	24	30	37	41	17.6	6.4	1.1
Dandenong	2003/04	23	284	119	41.9	85	27	31.8	35	29	82.9	294	28	60	88	32	37	30	19	20	12.8	3.8	1.6
Dandenong	2004/05	23	265	105	39.6	52	11	21.2	74	51	68.9	272	36	65	101	31	33	29	22	27	11.8	4.4	1.4
Dandenong	2005/06	22	295	135	45.8	69	22	31.9	68	48	70.6	340	20	61	81	26	32	27	18	30	15.5	3.7	1.5
West Coast	2006/07	21	343	142	41.4	47	18	38.3	69	61	88.4	363	40	96	136	25	50	22	31	46	17.3	6.5	2.4
West Coast	2007/08	13	201	80	39.8	57	19	33.3	42	37	88.1	216	29	64	93	14	22	15	17	18	16.6	7.2	1.7
Canberra	2009/10	24	160	69	43.1	68	26	38.2	14	11	78.6	175	34	46	80	41	37	22	18	25	7.3	3.3	1.5
Canberra	2010/11	25	297	129	43.4	70	28	40.0	41	32	78.0	318	48	64	112	40	52	17	16	38	12.7	4.5	2.1
Canberra	2011/12	22	244	95	38.9	77	27	35.1	50	47	94.0	264	24	71	95	42	43	20	15	27	12.0	4.3	2.0
Canberra	2012/13	24	182	63	34.6	75	21	28.0	6	5	83.3	152	13	49	62	45	19	21	14	25	6.3	2.6	0.8
Canberra	2013/14	23	116	42	36.2	63	21	33.3	5	4	80.0	109	16	44	60	31	31	26	10	20	4.7	2.6	1.3
UC Capitals	2014/15	22	136	58	42.6	59	28	47.5	8	8	100.0	152	24	34	58	26	35	10	12	22	6.9	2.6	1.6
UC Capitals	2015/16	24	129	50	38.8	66	27	40.9	10	10	100.0	137	22	40	62	34	34	13	15	18	5.7	2.6	1.4
		<b>339</b>	<b>3406</b>	<b>1408</b>	<b>41.3</b>	<b>989</b>	<b>343</b>	<b>34.7</b>	<b>564</b>	<b>442</b>	<b>78.4</b>	<b>3601</b>	<b>446</b>	<b>895</b>	<b>1341</b>	<b>527</b>	<b>541</b>	<b>330</b>	<b>283</b>	<b>438</b>	<b>10.6</b>	<b>4.0</b>	<b>1.6</b>



## #10 KATE GAZE GUARD

**Player Number** 10  
**Player Name** Kate Gaze  
**Player Position** Guard  
**DOB** 18-Feb-90  
**Height** 173cm  
**Nationality** Australia

**Career Highlights** Playing in WNBL Championships for Townsville Fire during the 2014/15 & 2015/16 WNBL seasons.  
**Junior Association** Sutherland Sharks

**Player Bio**

Kate Gaze or "Gazey" as she is affectionately known comes to the Caps after two WNBL seasons with back-to-back champions the Townsville Fire. Previous to this she was a college star at St Mary's (California). Gazey will add some outside shooting to the UC Capitals roster and she will be looking forward to stepping up into a more prominent role on court this WNBL season with the UC Capitals.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS				AVERAGES						
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
AIS	2006/07	14	34	9	26.5	21	6	28.6	6	3	50.0	27	1	14	15	17	14	1	1	14	1.9	1.1	1.0
AIS	2007/08	19	52	12	23.1	39	10	25.6	0	0	0.0	34	3	10	13	13	3	0	2	11	1.8	0.7	0.2
AIS	2008/09	20	128	42	32.8	72	25	34.7	11	8	72.7	117	10	22	32	25	32	2	3	48	5.9	1.6	1.6
Townsville	2014/15	18	28	10	35.7	10	3	30.0	2	2	100.0	25	0	8	8	6	8	0	1	11	1.4	0.4	0.4
Townsville	2015/16	27	102	36	35.3	56	18	32.1	23	15	65.2	105	4	27	31	25	26	0	2	20	3.9	1.1	1.0
		<b>98</b>	<b>344</b>	<b>109</b>	<b>31.7</b>	<b>198</b>	<b>62</b>	<b>31.3</b>	<b>42</b>	<b>28</b>	<b>66.7</b>	<b>308</b>	<b>18</b>	<b>81</b>	<b>99</b>	<b>86</b>	<b>83</b>	<b>3</b>	<b>9</b>	<b>104</b>	<b>3.1</b>	<b>1.0</b>	<b>0.8</b>



### #13 ABBEY WEHRUNG GUARD

<b>Player Number</b>	13	<b>Career Highlights</b>	Playing for Australian at the U/19 World Championships in 2012.
<b>Player Name</b>	Abbey Wehrung	<b>Junior Association</b>	Ballarat
<b>Player Position</b>	Guard		
<b>DOB</b>	28-Dec-95		
<b>Height</b>	178cm		
<b>Nationality</b>	Australia		

**Player Bio**

This is Wehrung's 3rd season in Canberra and she is still only 20 years of age. Without doubt Wehrung is one of the best up and coming guards in the country and she will be looking to step up her productivity under new UC Capitals Coach, Paul Goriss. Wehrung plays in the SEABL competition for her home town Ballarat Rush.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS					AVERAGES					
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
UC Capitals	2014/15	20	62	19	30.6	22	6	27.3	14	13	92.9	57	8	18	26	21	17	1	3	25	2.9	1.3	0.9
UC Capitals	2015/16	24	102	35	34.3	47	13	27.7	31	24	77.4	107	8	27	35	23	30	2	6	44	4.5	1.5	1.3
		<b>44</b>	<b>164</b>	<b>54</b>	<b>32.9</b>	<b>69</b>	<b>19</b>	<b>27.5</b>	<b>45</b>	<b>37</b>	<b>82.2</b>	<b>164</b>	<b>16</b>	<b>45</b>	<b>61</b>	<b>44</b>	<b>47</b>	<b>3</b>	<b>9</b>	<b>69</b>	<b>3.7</b>	<b>1.4</b>	<b>1.1</b>



### #21 KEELY FROLING FORWARD

<b>Player Number</b>	21	<b>Career Highlights</b>	Winning the first ever gold medal for Queensland North at the U/18 National Championships in 2013.
<b>Player Name</b>	Keely Froling	<b>Junior Association</b>	Townsville
<b>Player Position</b>	Forward		
<b>DOB</b>	31-Jan-96		
<b>Height</b>	188cm		
<b>Nationality</b>	Australia		

**Player Bio**

Froling has returned to Australia after a stint with Southern Methodist University throughout 2014-2016. She most recently played for Bendigo in the SEABL competition. She is a ferocious rebounder and defender and she will add a element of toughness to the UC Capitals in the 2016/17 WNBL season.



### #24 JAZMON GWATHMEY GUARD/FORWARD

<b>Player Number</b>	24	<b>Career Highlights</b>	Being selected as the 14th overall pick in 2016 WNBA draft.
<b>Player Name</b>	Jazmon Gwathmey	<b>Junior Association</b>	N/A
<b>Player Position</b>	Guard/ Forward		
<b>DOB</b>	24-Jan-93		
<b>Height</b>	188cm		
<b>Nationality</b>	USA		

**Player Bio**

Gwathmey averaged 11.4 points, 5.4 rebounds and 1.3 blocks in four seasons at James Madison University. She is a three-time Colonial Athletic Association Player of the Year and CAA Tournament Most Outstanding Player winning the award in 2014, 2015 and 2016. Her athleticism and all round contribution will be crucial to the Caps success at both ends of the floor.





## #32 MARIANNA TOLO FORWARD/CENTRE

<b>Player Number</b>	12	<b>Career Highlights</b>	Playing for Australia at Olympic Games and World Championships in 2010, 2012, 2014 & 2016.
<b>Player Name</b>	Marianna Tolo	<b>Junior Association</b>	Mackay
<b>Player Position</b>	Forward/ Centre		
<b>DOB</b>	2-Jul-89		
<b>Height</b>	196cm		
<b>Nationality</b>	Australia		

### Player Bio

Tolo brings a massive wealth of experience to the UC Caps roster. She has played extensively in leagues around the world from WNBL, to Europe and to the WNBA where she played with the Los Angeles Sparks. Her size, skill and experience will prove invaluable to the UC Capitals through the upcoming WNBL season as they Caps look to turn around their fortunes after struggling in 2015/16 with only two wins.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS					AVERAGES					
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
AIS	2006/07	21	135	72	53.3	1	0	0.0	44	27	61.4	171	33	64	97	51	15	35	6	41	8.1	4.6	0.7
AIS	2007/08	22	212	115	54.2	3	1	33.3	112	90	80.4	321	54	82	136	64	22	38	15	58	14.6	6.2	1.0
Canberra	2008/09	24	163	89	54.6	0	0	0.0	61	40	65.6	218	64	84	148	47	22	53	12	43	9.1	6.2	0.9
Canberra	2009/10	25	228	126	55.3	3	1	33.3	91	53	58.2	306	64	120	184	62	31	75	19	40	12.2	7.4	1.2
Canberra	2010/11	25	237	127	53.6	0	0	0.0	114	81	71.1	335	74	136	210	67	40	64	15	48	13.4	8.4	1.6
Canberra	2011/12	22	221	123	55.7	0	0	0.0	88	67	76.1	313	67	122	189	59	53	68	13	67	14.2	8.6	2.4
		<b>139</b>	<b>1196</b>	<b>652</b>	<b>54.5</b>	<b>7</b>	<b>2</b>	<b>0.0</b>	<b>510</b>	<b>358</b>	<b>70.2</b>	<b>1664</b>	<b>356</b>	<b>608</b>	<b>964</b>	<b>350</b>	<b>183</b>	<b>333</b>	<b>80</b>	<b>297</b>	<b>12.0</b>	<b>6.9</b>	<b>1.3</b>