ROUND 7 GAME DAY PROGRAM

TOWNSVILLE



EST 1984

30 NOVEMBER 5PM TIP-OFF NCCC



GAME PREVIEW

This Saturday, the UC Capitals will trade the black and blue for orange as part of the WNBL's 'Orange the World' themed rounds supporting the 16 Days of Activism Against Gender-Based Violence campaign by UN Women Australia.

Every home team over Rounds 7 and 8 will wear their specially designed uniforms and we encourage you to join us in dressing up in orange, a symbol for a brighter future free from violence.

The UC Capitals will be taking on the Townsville Fire for the second time this season after their narrow win in Round 2. There hasn't been much good news for the Fire since then, having won just one of their seven games and sitting last on the ladder. That's no reason to underestimate the Fire's potential, though. There were just two points in the UC Capitals' win last month – our tightest game of the season so far. The UC Capitals expect Townsville to be fired up for the win they so desperately need while the reigning champs will look to extend their home game win streak to 16.

The Fire boast an impressive line-up of Opals players including former Capital Abby Bishop, Darcee Garbin and Tess Madgen. Their two imports are also world class with Julie Vanloo on the Belgian national team and Bridget Carleton joining Kia Nurse on team Canada.

The Bishop and Tolo match up will no doubt be another physical one as the two veteran centres put everything into their defence. Defending Bishop will be a high priority come Saturday as she just recently overtook Nurse in leading the league for points, averaging 20.2 a game.

After achieving their highest attended game of the season so far, with over 1600 at the National Convention Centre Canberra last weekend, there's a lot of momentum behind the UC Capitals as the WNBL hits the halfway mark of the 2019-20 season. Get excited for another intense game and we'll see you there dressed in orange!



SPORTCONNECT GIRLS MULTI-SPORT CAMP

Exposes future athletes to their dreams, through developing sports skills with the support of stars from today's teams.

The multisport camp is 3 days of fun, learning, growth and sports challenges delivered by some of Canberra's most elite women's sporting teams and high performance specialists.

3 DAY PROGRAM

University of Canberra Sports Centre & Lyneham Hockey Centre CAMP 1. Monday 16th - Wednesday 18th December 2019 CAMP 2. Monday 20th - Wednesday 22nd January 2020 Girls aged from 8 - 13 years

9am - 5pm supervised camp activities Register now at www.sportconnect.com.au



Inc all sports activities & camp t-shirt Detailed camp information provided on booking Capped at 50 participants per day Staff to athlete ratio 1:6



For further info contact Megan 0409 558 201

sportconnect.com.au info@sportconnect.com.au











KELSEY GRIFFIN Height: 188cm DOB: 02/07/1987 Position: Forward



MARIANNA TOLO Height: 196cm DOB: 02/07/1989 Position: Centre



KIA NURSE Height: 183cm DOB: 22/02/1996 Position: Guard



MIKAELA RUEF Height: 191cm DOB: 20/10/1990 Position: Forward-Centre



OLIVIA EPOUPA Height: 165cm DOB: 30/04/1994 Position: Point Guard



KEELY FROLING Height: 188cm DOB: 31/01/1996 Position: Forward



MADDY ROCCI Height: 169cm DOB: 01/06/1998 Position: Guard



ABBY CUBILLO Height: 168cm DOB: 18/05/1999 Position: Guard





ALEX DELANEY Height: 183cm DOB: 21/06/1995 Position: Forward



LILY SCANLON Height: 175cm DOB: 21/02/2001 Position: Point Guard



KRISTY WALACE Height: 180cm DOB: 03/01/1996 Position: Guard



GEMMA POTTER Height: 183cm DOB: 27/02/2002 Position: Guard-Forward



SHAKERA REILLY Height: 178cm DOB: 08/09/1999 Position: Forward



MADDY WHEATLEY Height: 180cm DOB: 03/06/2002 Position: Guard



Height: 187cm DOB: 02/07/2002 Position: Forward

CLUB**LIME**

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NO.	PLAYER	HEIGHT (CM)	POSITION
4	Hannah Young	185	Forward
9	Tess Madgen	180	Guard
10	Abby Bishop	191	Forward
11	Kate Gaze	173	Guard
12	Alison Ebzery	178	Guard
14	Darcee Garbin	188	Forward
15	Zitina Aukoso	194	Centre
21	Bridget Carleton	186	Forward
22	Christina Boag	188	Forward
32	Micaela Cocks	174	Guard
35	Julie Vanloo	173	Guard

19-20 SPONSORS



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