

ROUND 9

GAME DAY

PROGRAM



EST 1984

V



15 DECEMBER
5PM TIP-OFF
NCCC

BROUGHT TO YOU BY
ActewAGL

GAME PREVIEW

After a dominant win over the Bendigo Spirit sparked by an elite shooting performance by Kia Nurse, the UC Capitals are looking to defend their home game win streak of 16 against the Southside Flyers who are currently placed first in the pool. The UC Capitals have risen to number two in the pool after defeating Bendigo and Melbourne suffering a loss this past weekend.

The new kids on the WNBL block, the Southside Flyers, will visit the capital for the first time in their short history. Opals point guard and championship winning former Capital Leilani Mitchell will lead the Flyers as they look to become the first team to defeat the Caps at the NCCC since 2017.

The UC Caps are currently the only team to have knocked the Flyers off their perch back in Round 5 when Kia Nurse led a first quarter onslaught which proved too difficult to overcome.

There will be marquee match ups all over the floor highlighted by Marianna Tolo and Flyers star Mercedes Russell. This battle of the giants will play a big part in determining the outcome of the game with Russell currently leading the Flyers at 16 point per game. Epoupa's ability to put pressure on Mitchell up the floor could also prove key whilst superstars Kelsey Griffin and Jenna O'Hea will also look to go head to head.

This top of the table clash will also come with WNBL first - a crowdsourced light show thanks to ActewAGL who will be 'Lighting Up the Capitals'. Make sure you download the 'Cue Live' app from the app store or by hovering your camera over the below QR code, ensure the app is open immediately following the anthem, and then sit back and enjoy the show.





SPORTCONNECT GIRLS MULTI-SPORT CAMP

Exposes future athletes to their dreams, through developing sports skills with the support of stars from today's teams.

The multisport camp is 3 days of fun, learning, growth and sports challenges delivered by some of Canberra's most elite women's sporting teams and high performance specialists.

3 DAY PROGRAM

University of Canberra Sports Centre & Lyneham Hockey Centre

CAMP 1. Monday 16th - Wednesday 18th December 2019

CAMP 2. Monday 20th - Wednesday 22nd January 2020

Girls aged from 8 - 13 years

9am - 5pm supervised camp activities

Register now at www.sportconnect.com.au

**\$120
PER DAY**

Inc all sports activities & camp t-shirt
Detailed camp information provided on booking
Capped at 50 participants per day
Staff to athlete ratio 1:6

#ICANIWILL



For further info contact Megan
0409 558 201
sportconnect.com.au
info@sportconnect.com.au





KELSEY GRIFFIN

Height: 188cm

DOB: 02/07/1987

Position: Forward



MARIANNA TOLO

Height: 196cm

DOB: 02/07/1989

Position: Centre



KIA NURSE

Height: 183cm

DOB: 22/02/1996

Position: Guard



OLIVIA EPOUPA

Height: 165cm

DOB: 30/04/1994

Position: Point Guard



MADDY ROCCI

Height: 169cm

DOB: 01/06/1998

Position: Guard



MIKAELA RUEF

Height: 191cm

DOB: 20/10/1990

Position: Forward-Centre



KEELY FROLING

Height: 188cm

DOB: 31/01/1996

Position: Forward



ABBY CUBILLO

Height: 168cm

DOB: 18/05/1999

Position: Guard



ALEX DELANEY

Height: 183cm

DOB: 21/06/1995

Position: Forward



KRISTY WALLACE

Height: 180cm

DOB: 03/01/1996

Position: Guard



LILY SCANLON

Height: 175cm

DOB: 21/02/2001

Position: Point Guard



GEMMA POTTER

Height: 183cm

DOB: 27/02/2002

Position: Guard-Forward



SHAKERA REILLY

Height: 178cm

DOB: 08/09/1999

Position: Forward



MADDY WHEATLEY

Height: 180cm

DOB: 03/06/2002

Position: Guard



PYPER THORNBERRY

Height: 187cm

DOB: 02/07/2002

Position: Forward

A CANBERRA POWERHOUSE

Sparking spirited support for
Canberra's most successful
national sporting team.

actewagl.com.au

ActewAGL



NO.	PLAYER	HEIGHT (CM)	POSITION
1	Rebecca Cole	178	Guard
2	Rebecca Tomlinson	193	Center
3	Aimie Clydesdale	178	Guard
4	Jenna O'hea (C)	187	Forward
5	Leilani Mitchell	165	Guard
8	Rebecca Pizzey	190	Forward
10	Kiera Rowe	180	Forward
12	Stephanie Reid	168	Guard
15	Sara Blicavs	189	Forward
21	Mercedes Russell	198	Center
24	Anneli Maley	188	Forward

19-20 SPONSORS



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