

ROUND 14

GAME DAY ERGRAM



V



17 JANUARY
7PM TIP-OFF
NCCC

GAME PREVIEW

A couple weeks later than originally planned, but the first UC Capitals' first home game of 2020 is here.

The game also marks the first of four the UC Capitals are due to play within just 10 days. It's going to be grueling and opportunities to train will be limited, but it may also spark the momentum the UC Capitals need as they look to playoffs.

The UC Capitals are coming off two uncharacteristic losses to the two bottom teams, the Bendigo Spirit and Townsville Fire. Despite some lackluster offense, Head Coach Paul Goriss was mostly disappointed with the team's defense letting the Spirit and Fire away with 94 and 102 points respectively. Fortunately, the UC Capitals held their third-place spot on the ladder but there's little keeping the Adelaide Lightning from taking over as they sit too close for comfort behind us.

Earlier in the week there was hope that Kelsey Griffin may be healthy enough to make her return as she started training again. However, in another potential setback for the UC Capitals, Griffin hurt her hamstring on Tuesday. While the injury is minor, it means the team will have to make do until she's given the all clear.

So, the UC Caps will charge ahead into Friday night's game with the MVP on the sideline as they desperately try to find their rhythm again before they enter their toughest run of the season.

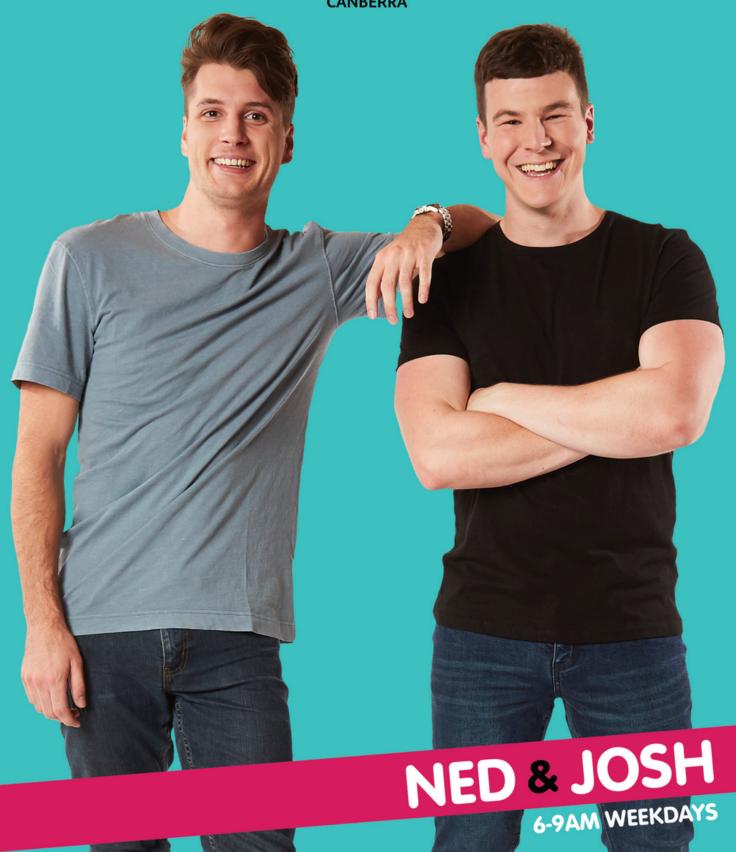
The Melbourne Boomers' star import Lindsay Allen sat out of their last game against the Southside Flyers and it is currently unknown whether she'll be back in for Friday. Either way, they will be coming off a loss and determined to secure the series split over the UC Caps to hold their second place on the ladder.

If the UC Capitals can turn things around, however, this will bring us within reach of second and keep the Lightning at bay. There's a lot on the line, but after spending almost a month on the road, the home court advantage will certainly make a difference.

Marianna Tolo and Keely Froling will have their work cut out for them as they goes up against Melbourne's two bigs Ezi Magbegor and Cayla George, while the two WNBA players Kia Nurse and Sophie Cunningham will go head to head.



CANBERRA







KELSEY GRIFFIN

Height: 188cm DOB: 02/07/1987 Position: Forward



MARIANNA TOLO

Height: 196cm DOB: 02/07/1989 Position: Centre



KIA NURSE

Height: 183cm DOB: 22/02/1996 Position: Guard



OLIVIA EPOUPA

Height: 165cm DOB: 30/04/1994 Position: Point Guard



MADDY ROCCI

Height: 169cm DOB: 01/06/1998 Position: Guard



MIKAELA RUEF

Height: 191cm DOB: 20/10/1990

Position: Forward-Centre



KEELY FROLING

Height: 188cm DOB: 31/01/1996 Position: Forward



ABBY CUBILLO

Height: 168cm DOB: 18/05/1999 Position: Guard





ALEX DELANEY

Height: 183cm DOB: 21/06/1995 Position: Forward



LILY SCANLON

Height: 175cm DOB: 21/02/2001 Position: Point Guard



KRISTY WALACE

Height: 180cm DOB: 03/01/1996 Position: Guard



GEMMA POTTER

Height: 183cm DOB: 27/02/2002

Position: Guard-Forward



SHAKERA REILLY

Height: 178cm DOB: 08/09/1999 Position: Forward



MADDY WHEATLEY

Height: 180cm DOB: 03/06/2002 Position: Guard



PYPER THORNBERRY

Height: 187cm DOB: 02/07/2002 Position: Forward



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NO.	PLAYER	HEIGHT (CM)	POSITION
5	Sophie Cunningham	185	Forward
7	Toni Farnworth	182	Guard
11	Penina Davidson	190	Forward
12	Chelsea D'Angelo	178	Guard
13	Ezi Magbegor	193	Forward
14	Monique Conti	165	Guard
15	Lindsay Allen	172	Guard
21	Stella Beck	181	Guard
22	Cayla George	193	Forward
23	Maddie Garrick	178	Guard
32	Kalani Purcell	185	Forward

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