



PLAYER ROSTER

NO.	PLAYER	HEIGHT (CM)	POSITION	DOB
1	Lauren Nicholson	183	Guard	26/03/1993
3	Ashley Taia	183	Guard	22/10/1994
5	Aimie Clydesdale	176	Guard	21/09/1993
6	Steph Blicavs	178	Guard	26/07/1990
8	Chelsea Brook	189	Forward	29/07/1998
9	Mikayla Pirini	170	Guard	29/06/1996
11	Penina Davidson	191	Forward/Center	9/02/1995
12	Nia Coffey	185	Forward	6/11/1995
22	Ruby Porter	178	Guard	15/10/2001
35	Nicole Seekamp	178	Guard	26/04/1992
40	Kayla Alexander	193	Center	1/05/1991
42	Colleen Planeta	188	Forward	9/03/1988

CLUB INFO

CLUB DETAILS	
CLUB NAME	Adelaide Lightning
MAJOR SPONSOR	Motor Accident Commission (MAC)
UNIFORM COLOURS	Navy/White
STADIUM NAME	Titanium Security Arena
STADIUM ADDRESS	44a Crittenden Rd, Findon, SA 5023
CAPACITY	7500

CLUB CONTACTS	
CLUB CONTACT	Reece Turner 041 714 9050 reece@adelaidelighting.com.au 08 8345 0900
CLUB MEDIA OFFICER	Kate Taeuber 04 4807 9897 kate@adelaide36ers.com
HEAD COACH	Chris Lucas chris_lucas1@bigpond.com
ASSISTANT COACH/S	Marcus Wong marcus@bluestoneaccountants.com.au
TEAM MANAGER	Claire Planeta claireplaneta@yahoo.com
CLUB GAME COMMISSIONER	David McKenzie david.mckenzie@airbus.com
CLUB HEAD STATISTICIAN	Peter Hodgkison Peter.Hodgkison@bendigobank.com.au




2018/19 SCHEDULE



ROUND	DATE	TIME (LOCAL)	Venue	Home Team	Away Team
1	Sat Oct 13	12:00pm	PER	Perth	Adelaide
 2	Fri Oct 19	4:30pm	TSA*	Adelaide	Townsville
2	Sun Oct 21	2:00pm	NCC	UC Capitals	Adelaide
 3	Sun Oct 28	3:00pm	TSA	Adelaide	Bendigo
4	Sat Nov 3	7:00pm	BEN	Bendigo	Adelaide
 5	Sat Nov 10	5:00pm	TSA*	Adelaide	Dandenong
 6	Fri Nov 16	7:00pm	TSA	Adelaide	Townsville
7	Sat Nov 24	3:00pm	TRA	Dandenong	Adelaide
7	Sun Nov 25	3:00pm	SBC	Melbourne	Adelaide
8	Fri Nov 30	6:30pm	DAN	Dandenong	Adelaide
 8	Sun Dec 2	3:00pm	TSA	Adelaide	UC Capitals
9	Wed Dec 5	7:00pm	BRY	Sydney Uni	Adelaide
9	Fri Dec 7	7:00pm	TSV	Townsville	Adelaide
 10	Fri Dec 14	7:00pm	TSA	Adelaide	UC Capitals
10	Sun Dec 16	3:00pm	SBC	Melbourne	Adelaide
 11	Fri Dec 21	7:00pm	TSA	Adelaide	Sydney Uni
 12	Sun Dec 30	12:00pm	TSA*	Adelaide	Perth
 13	Fri Jan 4	4:30pm	TSA*	Adelaide	Sydney Uni
14	Thu Jan 10	7:00pm	BEN	Bendigo	Adelaide
 14	Sat Jan 12	5:00pm	TSA*	Adelaide	Melbourne
15	Sat Jan 19	6:30pm	PER	Perth	Adelaide

VENUE

BEN	Bendigo Stadium
BRY	Brydens Stadium
DAN	Dandenong Stadium
NCC	National Convention Centre
PER	Bendat Basketball Centre
SBC	State Basketball Centre
 TSA	Titanium Security Arena
TSV	Townsville Stadium
TRA	Traralgon Sports Stadium

YEAR BY YEAR



YEAR	CLUB	WINS	LOSSES	POSITION	PLAYOFFS	COACH
	Noarlunga Tigers	4	9	7th	Missed Playoffs	Brendan Flynn
	North Adelaide Rockets	10	3	2nd	Lost Grand Final	Kay McFarlane
	West Adelaide Bearcats	6	7	5th	Lost Semi Final	Ted Powell
1982	Noarlunga Tigers	10	4	3rd	Lost Semi Final	Brendan Flynn
	North Adelaide Rockets	5	9	8th	Missed Playoffs	Kay McFarlane
	West Adelaide Bearcats	10	7	5th	Lost Semi Final	Ted Powell
1983	Noarlunga Tigers	4	13	9th	Missed Playoffs	Jim Madigan
	North Adelaide Rockets	7	10	6th	Missed Playoffs	Kay McFarlane
	West Adelaide Bearcats	9	8	5th	Missed Playoffs	Ted Powell
1984	Noarlunga Tigers	12	6	3rd	Lost Semi Final	Jim Madigan
	North Adelaide Rockets	12	6	4th	Lost Semi Final	Kay McFarlane
	West Adelaide Bearcats	14	4	1st	Lost Grand Final	Ted Powell
1985	Noarlunga Tigers	13	5	3rd	Lost Grand Final	Jim Madigan
	North Adelaide Rockets	15	3	1st	Lost Semi Final	Kay McFarlane
	West Adelaide Bearcats	10	8	6th	Missed Playoffs	Ted Powell
1986	Noarlunga Tigers	11	13	8th	Missed Playoffs	Lee Prettyjohn
	North Adelaide Rockets	16	8	5th	Missed Playoffs	Kay McFarlane
	West Adelaide Bearcats	14	10	7th	Missed Playoffs	Ted Powell
1987	Noarlunga Tigers	10	10	7th	Missed Playoffs	John Wright
	North Adelaide Rockets	13	7	3rd	Lost Semi Final	Kay McFarlane
	West Adelaide Bearcats	13	7	4th	Lost Semi Final	Ted Powell
1988	Noarlunga Tigers	12	10	7th	Missed Playoffs	Trevor Spratt
	North Adelaide Rockets	18	4	2nd	Lost Grand Final	Kay McFarlane
	West Adelaide Bearcats	14	8	4th	Lost Semi Final	Ted Powell
1989	Noarlunga Tigers	3	19	12th	Missed Playoffs	Trevor Spratt
	North Adelaide Rockets	18	8	2nd	Lost Semi Final	Mark Molitor
	West Adelaide Bearcats	13	11	6th	Missed Playoffs	Ted Powell
1990	Noarlunga Tigers	2	22	13th	Missed Playoffs	John Cadd
	North Adelaide Rockets	22	2	1st	Won Championship	Mark Molitor
	West Adelaide Bearcats	6	18	10th	Missed Playoffs	Ted Powell
1991	Noarlunga Tigers	5	17	11th	Missed Playoffs	John Cadd
	North Adelaide Rockets	13	9	4th	Missed Playoffs	Mark Molitor
	West Adelaide Bearcats	0	22	12th	Missed Playoffs	Ted Powell
1992	Adelaide City Comets	8	12	7th	Missed Playoffs	Mark Molitor
	West Adelaide Bearcats	11	9	5th	Missed Playoffs	Reg Grantham
1993	Adelaide Lightning	16	2	2nd	Lost Preliminary Final	Jan Stirling
1994	Adelaide Lightning	16	2	1st	Won Championship	Jan Stirling
1995	Adelaide Lightning	16	2	1st	Won Championship	Jan Stirling
1996	Adelaide Lightning	16	2	2nd	Won Championship	Jan Stirling
1997	Adelaide Lightning	14	4	2nd	Lost Grand Final	Jan Stirling
1998	Adelaide Lightning	9	3	2nd	Won Championship	Jan Stirling
1998/99	Adelaide Lightning	12	9	3rd	Lost Preliminary Final	Jan Stirling
1999/00	Adelaide Lightning	13	8	2nd	Lost Grand Final	Jan Stirling
2000/01	Adelaide Lightning	15	6	3rd	Lost Semi Final	Jan Stirling
2001/02	Adelaide Lightning	17	4	1st	Lost Preliminary Final	Jan Stirling
2002/03	Adelaide Lightning	12	9	4th	Lost Semi Final	Jan Stirling
2003/04	Adelaide Lightning	13	8	3rd	Lost Preliminary Final	Jan Stirling
2004/05	Adelaide Lightning	13	8	4th	Lost Semi Final	Chris Lucas
2005/06	Adelaide Fellas	14	7	2nd	Lost Preliminary Final	Chris Lucas
2006/07	Adelaide Lightning	15	6	3rd	Lost Preliminary Final	Chris Lucas
2007/08	Adelaide Lightning	21	3	1st	Won Championship	Vicki Valk
2008/09	Adelaide Lightning	15	7	4th	lost Semi Final	Vicki Valk
2009/10	Adelaide Lightning	13	9	6th	Missed Playoffs	Vicki Valk
2010/11	Adelaide Lightning	3	19	9th	Missed Playoffs	Stephen Breheny
2011/12	Adelaide Lightning	18	4	1st	Lost Preliminary Final	Peter Buckle
2012/13	Adelaide Lightning	18	6	3rd	Lost Semi Final	Peter Buckle
2013/14	Adelaide Lightning	12	12	5th	Missed Playoffs	Peter Buckle / Richard Dickel
2014/15	Adelaide Lightning	7	15	7th	Missed Playoffs	Jeremi Moule
2015/16	Adelaide Lightning	10	14	7th	Missed Playoffs	Tracy York
2016/17	Adelaide Lightning	3	21	8th	Missed Playoffs	Chris Lucas
2017/18	Adelaide Lightning	11	10	5th	Missed Playoffs	Chris Lucas

HEAD COACH



Chris Lucas is held in high regard within WNBL circles. His involvement in the League's coaching ranks dates back to his time as an Assistant Coach at Adelaide under Jan Stirling, before taking over the role of Head Coach of the Lightning in 2004. In his initial three-year tenure in the top job, he took the Adelaide Lightning to the finals in each season, reaching as far as the preliminary final in 2006/2007. Lucas left Adelaide at the end of the 2006/07 season, commencing another assistant coaching role, this time at Canberra, under head coach Carrie Graf, helping the Capitals to two WNBL Championships in his three years at the club. He then continued his successes as a Head Coach at the Townsville Fire. In five seasons, Lucas led Townsville to the finals in each occasion, becoming the fifth coach in WNBL history to claim back-to-back Championships in 2014/15 and 2015/16. Lucas then returned home to Adelaide to commence his second stint as head coach of the Lightning for the 2016/17 season.

YEAR	TEAM	REGULAR SEASON			FINALS		NOTES
		WIN	LOSS	POS	WIN	LOSS	
2004/05	Adelaide Lightning	13	8	3rd	0	1	Lost Semi Final
2005/06	Adelaide Fellas	14	7	2nd	0	2	Lost Prelim Final
2006/07	Adelaide Lightning	15	6	3rd	1	1	Lost Prelim Final
2007/08	Adelaide Lightning	1	1				
2011/12	Townsville Fire	13	9	4th	1	1	Lost Semi Final
2012/13	Townsville Fire	13	11	4th	2	1	Lost Grand Final
2013/14	Townsville Fire	16	8	3rd	2	1	Lost Grand Final
2014/15	Townsville Fire	17	5	1st	3	3	Champions
2015/16	Townsville Fire	17	7	1st	3	1	Champions
2016/17	Adelaide Lightning	3	21	8th	0	0	Did not qualify
2017/18	Adelaide Lightning	11	10	5th	0	0	Did not qualify
Totals		133	93		12	11	



#1 LAUREN NICHOLSON GUARD

DOB 26/03/1993 **Height** 183cm **Nationality** Australian

Junior Association | Sutherland Sharks

Career Highlights | Saint Mary's college 2012-2016 | WCC All first team 2014/15, 2015/16 | WNBL championship 2016/17 | Under 17 Australian Team | SEABL MVP 2018

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS			AVERAGES							
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Sydney	2016/17	19	67	32	47.8	26	11	42.3	26	22	84.6	97	21	27	48	28	12	3	3	11	5.1	2.5	0.6
Adelaide	2017/18	20	134	62	46.3	50	18	36	19	17	89.5	159	29	44	73	48	38	3	16	24	7.95	3.65	1.9
		39	201	94	46.8	76	29	38.2	45	39	86.7	256	50	71	121	76	50	6	19	35	6.6	3.1	1.3



#5 AIMIE CLYDESDALE GUARD

DOB 21/09/1993 **Height** 176cm **Nationality** Australian

Junior Association | Dandenong Rangers

Career Highlights | 2010 WNBL Championship | 2017 World University Games Gold Medal | x4 SEABL Championships | SEABL All Star Team

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS			AVERAGES							
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Dandenong	2010/11	5	4	1	25.0	1	0	0.0	2	0	0.0	2	0	1	1	0	0	0	0	0	0.4	0.2	0.0
Dandenong	2011/12	6	9	2	22.2	3	0	0.0	0	0	0.0	4	0	1	1	1	6	0	4	4	0.7	0.2	1.0
Dandenong	2012/13	21	36	18	50.0	5	3	60.0	16	8	50.0	47	3	11	14	16	7	0	4	13	2.2	0.7	0.3
Dandenong	2013/14	19	62	24	38.7	9	0	0.0	10	4	40.0	52	11	12	23	13	10	2	7	15	2.7	1.2	0.5
Dandenong	2014/15	23	123	43	35.0	19	5	26.3	16	15	93.8	106	17	30	47	31	31	3	8	26	4.6	2.0	1.3
Dandenong	2015/16	16	85	26	30.6	29	8	27.6	12	8	66.7	68	6	27	33	20	22	1	9	23	4.3	2.1	1.4
Dandenong	2016/17	29	223	88	39.5	84	27	32.1	34	26	76.5	229	26	52	78	35	80	11	27	59	7.9	2.7	2.8
Adelaide	2017/18	17	149	68	45.6	65	24	36.9	17	8	47.1	168	8	40	48	15	62	5	23	36	9.9	2.8	3.6
		136	691	270	39.1	215	67	31.2	107	69	64.5	676	71	174	245	131	218	22	82	176	5	1.8	1.6



#6 STEPH BLICAVS GUARD

DOB 26/07/1990 **Height** 178cm **Nationality** Australian

Junior Association | Dandenong Rangers

Career Highlights | Commonwealth Games Gold Medalist | 2 x WNBL Champion | WNBL Defensive Player of the Year | 3 x SEABL CHAMPION | 2 x SEABL MVP

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS			AVERAGES								
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS	
Dandenong	2006/07	12	8	4	50	4	3	75	6	1	16.7	12	2	4	6	9	3	2	2	3	1	0.5	0.3	
AIS	2007/08	24	106	45	42.5	61	24	39.4	20	19	95	133	13	32	45	48	10	7	8	25	5.6	1.9	0.5	
AIS	2008/09	20	151	61	40.4	56	16	28.6	40	24	60	162	16	39	55	37	41	3	8	40	8.1	2.8	2.1	
Dandenong	2009/10	22	225	84	37.4	92	31	33.7	58	45	77.6	244	21	45	66	53	37	8	20	47	11.1	3	1.7	
Dandenong	2010/11	23	220	92	41.9	81	31	38.3	22	19	86.4	234	21	46	67	46	30	4	19	25	10.2	3	1.4	
Dandenong	2011/12	25	287	132	46	91	36	39.6	53	40	75.5	340	37	68	105	58	49	10	21	42	13.6	4.2	2	
Dandenong	2012/13	26	228	108	48	80	34	42.5	45	41	91.2	291	23	54	77	51	28	8	20	27	11.2	3	1.1	
Townsville	2013/14	27	242	108	44.7	53	24	45.3	82	75	91.5	315	20	57	77	43	59	7	14	38	11.7	2.9	2.2	
Townsville	2014/15	24	226	95	42.1	85	31	36.5	61	48	78.7	274	20	48	68	36	47	8	16	41	11.5	2.9	2	
Dandenong	2015/16	25	340	145	42.7	89	32	36	87	74	85.1	396	22	77	99	53	66	11	21	62	15.9	3	2.7	
Dandenong	2016/17	29	382	174	45.6	135	56	41.5	117	104	88.9	508	34	101	135	56	97	10	26	51	17.6	4.7	3.4	
Dandenong	2017/18	21	300	111	37	92	32	34.8	71	66	93.0	320	28	64	92	34	74	10	28	47	15.2	4.4	3.5	
			278	2715	1159	42.7	919	350	38.1	662	556	84	3229	257	635	892	524	541	88	203	448	11.6	3.2	1.9



#8 CHELSEA BROOK FORWARD

DOB 29/07/1998 **Height** 189cm **Nationality** Australian

Junior Association | Norwood Flames

Career Highlights | 2017 World University Games Gold Medal | 2018 SA Premier League Halls Medal winner | 2015/16 SA Premier League Championship winners

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS			AVERAGES							
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Adelaide	2016/17	13	21	9	42.9	4	1	25	4	1	25	20	5	6	11	3	1	2	2	7	1.5	0.8	0.1
Adelaide	2017/18	11	18	9	50	0	0	0	2	1	50	19	3	5	8	7	3	0	1	1	1.7	0.7	0.3
			24	39	18	46.2	4	1	25	6	2	33.3	39	8	11	19	10	4	3	8	1.6	0.8	0.2



#9 MIKAYLA PIRINI GUARD

DOB 29/06/1996 **Height** 170cm **Nationality** Australian

Junior Association | Willetton Tigers

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS			REBOUNDS						AVERAGES					
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
West Coast	2013/14	15	17	1	5.9	7	1	14.3	6	2	33.3	5	1	7	8	14	11	0	0	14	0.3	0.5	0.7
West Coast	2014/15	1	1	0	0.0	0	0	0.0	0	0	0.0	0	0	0	0	0	0	0	0	0	0.0	0.0	0.0
Adelaide	2015/16	17	13	4	30.8	4	1	25.0	4	2	50.0	11	1	7	8	12	13	0	2	9	0.6	0.5	0.8
Perth Lynx	2017/18	8	16	3	18.8	9	2	22.2	1	1	100.0	9	1	4	5	3	1	0	3	5	1.1	0.6	0.1
		41	47	8	55.4	20	4	61.5	11	5	183.3	25	3	18	21	29	25	0	5	28	2.1	1.6	1.6



#11 PENINA DAVIDSON FORWARD/CENTER

DOB 9/2/95 **Height** 191cm **Nationality** New Zealander

Junior Association | North Harbour (NZ)

Career Highlights | NZ Tall Ferns Selection | March Madness



#12 NIA COFFEY FORWARD

DOB 6/11/95 **Height** 185cm **Nationality** American

Junior Association | Marist College

Career Highlights | Northwestern University 2013-2017 | San Antonio Stars 2017 | Maccabi Tel Aviv Ramat Chen 2017-2018 | Las Vegas Aces 2018 |



#35 NICOLE SEEKAMP GUARD

DOB 26/04/1992 **Height** 178cm **Nationality** Australian

Junior Association | Sturt Sabres

Career Highlights | Sturt Sabres Junior | South Australian Country representative | South Australian U/20s gold medal winner and MVP | Australian institute of Sport scholarship holder | University of South Dakota women's basketball team 2011-2016 | Summit league player of the year | WNIT champions 2016 | Adelaide Lightning 2017-2019 | Australian Opal's commonwealth games gold medal

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS				AVERAGES						
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
AIS	2009/10	18	75	22	29.3	23	6	26.1	22	18	81.8	68	14	21	35	21	18	1	16	36	3.8	1.9	1
Adelaide	2010/11	13	57	24	42.1	23	9	39.1	11	8	72.7	65	10	22	32	28	22	1	10	17	5	2.5	1.7
Adelaide	2017/18	21	244	105	43.0	77	22	28.6	55	45	81.8	277	25	65	90	47	103	4	46	69	13.2	4.3	4.9
		31	132	46	34.8	46	15	32.6	33	26	78.8	133	24	43	67	49	40	2	26	53	4.3	2.2	1.3



#40 KAYLA ALEXANDER CENTRE

DOB 1/5/91 **Height** 193cm **Nationality** Canadian

Junior Association | Syracuse University



#42 COLLEEN PLANETA FORWARD

DOB 9/3/88 **Height** 188cm **Nationality** Australian

Junior Association | Point Loma Nazarene University

Career Highlights | Played 4 years at Point Loma Nazarene University. Was named NAIA 1st All-American 3 times. Played professionally in Portugal, Greece, Germany, Luxembourg, and Australia. Won League Championship in Germany. Won Cup Championship in Luxembourg. Won 2 League Championships in Big V in Melbourne. Won League MVP 3 times in BigV State Championship Women.

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS				AVERAGES						
TEAM	YEAR	G	FGA	FGM	FG%	3PA	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	TO	PTS	REB	ASS
Adelaide	2016/2017	24	340	150	44.1	91	26	28.6	35	28	80.0	354	36	116	152	52	30	36	22	59	14.8	6.3	1.3
Adelaide	2017/2018	21	207	90	43.5	49	16	32.7	19	15	78.9	211	19	81	100	41	21	22	18	24	10.05	4.76	1
		45	547	240	43.9	140	42	30.0	54	43	79.6	565	55	197	252	93	51	58	40	83	7.7	3.5	0.7

Development Players

Ashley Taia

Ruby Porter