



## **PLAYER ROSTER**

NO.	PLAYER	HEIGHT (CM)	POSITION	DOB
2	Hannah Young	185	Forward	2/03/1993
4	Kristy Wallace	180	Guard	3/01/1996
5	Leilani Mitchell	165	Point Guard	15/06/1985
7	Lauren Scherf	196	Centre	7/03/1996
8	Abby Cubillo	168	Point Guard	18/05/1999
9	Maddison Rocci	170	Point Guard	1/06/1998
11	Kia Nurse	183	Guard/Forward	22/02/1996
12	Marianna Tolo	196	Centre	2/07/1989
21	Keely Froling	188	Forward	31/01/1996
22	Kelly Wilson	170	Guard	1/01/1985
23	Kelsey Griffin	188	Forward	2/07/1987
25	Elizajane Loader	172	Guard	19/06/1998
41	Kaili McLaren	188	Forward	12/05/1988

# **CLUB INFO**

CLUB DETAILS		CLUB CONTACT	S
CLUB NAME	University of Canberra Capitals		Lucille Bailie/Daniel Jackson
MAJOR SPONSOR	University of Canberra	CLUB CONTACT	04 2240 3395 Lucille.Bailie@canberra.edu.au Daniel.Jackson@canberra.edu.au
UNIFORM COLOURS	Black/Light Blue		
STADIUM NAME	National Convention Centre Canberra - Royal Theatre	CLUB MEDIA OFFICER	Antony Perry 04 3479 5919 Antony.Perry@canberra.edu.au
STADIUM ADDRESS	31 Constitution Avenue, Canberra ACT 2601	HEAD COACH	<b>Paul Goriss</b> Paul.Goriss@canberra.edu.au
CAPACITY	1800		
		ASSISTANT COACH/S	Phil Brown & Carly Wilson
	•	TEAM MANAGER	Barb Lodding barblodding@netspeed.com.au
	pitals	CLUB GAME COMMISSIONER	
	pitals	CLUB HEAD STATISTICIAN	Mick Hanley

# **2018/19 SCHEDULE**



Round	Date	Time (local)	Venue	Home Team	Away Team
1	Fri Oct 12	7:00pm	BRY	Sydney Uni	UC Capitals
2	Fri Oct 19	7:30pm	GA	Melbourne	UC Capitals
<b>2</b>	Sun Oct 21	2:00pm	NCC	UC Capitals	Adelaide
3	Fri Oct 26	<b>7:00</b> pm	AIS	UC Capitals	Melbourne
<b>6</b> 4	Sun Nov 4	2:00pm	NCC	UC Capitals	Sydney Uni
5	Sat Nov 10	12:00pm	PER	Perth	UC Capitals
6	Sun Nov 18	2:00pm	NCC	UC Capitals	Dandenong
<b>7</b>	Fri Nov 23	<b>7:00</b> pm	NCC	UC Capitals	Melbourne
8	Fri Nov 30	6:30pm	PER	Perth	UC Capitals
8	Sun Dec 2	3:00pm	TSA	Adelaide	UC Capitals
6 🕜	Sun Dec 9	2:00pm	NCC	UC Capitals	Bendigo
10	Fri Dec 14	7:00pm	TSA	Adelaide	UC Capitals
6 10	Sun Dec 16	3:00pm	NCC	UC Capitals	Perth
6 11	Fri Dec 21	<b>7:00</b> pm	NCC	UC Capitals	Dandenong
11	Sun Dec 23	3:00pm	TSV	Townsville	UC Capitals
🕜 12	Fri Dec 28	<b>7:00</b> pm	NCC	UC Capitals	Townsville
12	Sun Dec 30	3:00pm	DAN	Dandenong	UC Capitals
6 13	Fri Jan 4	7:00pm	AIS	UC Capitals	Bendigo
14	Fri Jan 11	7:00pm	TSV	Townsville	UC Capitals
14	Sun Jan 13	12:00pm	QBA*	Sydney Uni	UC Capitals
15	Sat Jan 19	3:00pm	BEN	Bendigo	UC Capitals

	VENUE	
$\bigcirc$	AIS	AIS Arena
	BEN	Bendigo Stadium
	BRY	Brydens Stadium
	DAN	Dandenong Stadium
	GA	Geelong Arena
$\bigcirc$	NCC	National Convention Centre

VENUE	1
PER	Bendat Basketball Centre
QBA	Qudos Bank Arena
SBC	State Basketball Centre
TSA	Titanium Security Arena

TSV Townsville Stadium

# YEAR BY YEAR



YEAR	WINS	LOSSES	POSITION	PLAYOFFS	СОАСН
1986	16	8	6th	Missed Playoffs	Jerry Lee
1987	7	13	9th	Missed Playoffs	Ken Simpson
1988	13	9	5th	Missed Playoffs	Dave Nelson
1989	8	15	10th	Missed Playoffs	Guy Molloy
1990	5	19	11th	Missed Playoffs	Tony McGee
1991	12	10	5th	Missed Playoffs	Jerry Lee
1992	11	9	4th	Lost Semi Final	Jerry Lee
1993	7	11	8th	Missed Playoffs	Tad Duffelmeir
1994	7	11	7th	Missed Playoffs	Jerry Lee
1995	8	10	6th	Missed Playoffs	Michelle Wall
1996	5	13	8th	Missed Playoffs	Michelle Wall
1997	6	12	5th	Missed Playoffs	Mike McHugh
1998	2	10	8th	Missed Playoffs	Mike McHugh
1998/99	4	17	8th	Missed Playoffs	Mike McHugh
1999/00	16	5	1st	Won Championship	Carrie Graf
2000/01	17	4	1st	Lost Grand Final	Carrie Graf
2001/02	15	6	2nd	Won Championship	Carrie Graf
2002/03	16	5	1st	Won Championship	Tom Maher
2003/04	13	8	4th	Lost Semi Final	Carrie Graf
2004/05	9	12	5th	Missed Playoffs	Tom Maher
2005/06	14	7	3rd	Won Championship	Carrie Graf
2006/07	15	6	2nd	Won Championship	Carrie Graf
2007/08	17	7	3rd	Lost Semi Final	Carrie Graf
2008/09	19	3	1st	Won Championship	Carrie Graf
2009/10	16	6	1st	Won Championship	Carrie Graf
2010/11	18	4	2nd	Lost Grand Final	Carrie Graf
2011/12	9	13	8th	Missed Playoffs	Carrie Graf
2012/13	7	17	8th	Missed Playoffs	Carrie Graf
2013/14	10	14	7th	Missed Playoffs	Carrie Graf
2014/15	11	11	5th	Missed Playoffs	Carrie Graf
2015/16	2	22	8th	Missed Playoffs	Carrie Graf
2016/17	13	11	5th	Missed Playoffs	Paul Goriss
2017/18	7	14	6th	Missed Playoffs	Paul Goriss

## **HEAD COACH**





Paul Goriss is set to enter his third season as Head Coach of the UC Capitals, following his extensive involvement in AIS programs for over a decade. Goriss spent ten years as an Assistant and Senior Coach of the AIS Men's basketball program and three years as the Head Coach of Basketball Australia's Centre of Excellence Women's program based at the AIS. In addition to his role at the Capitals, Goriss is also the current coach of the Australian U19 Gems women's team. In his first season as Head Coach of the Capitals, taking over from club stalwart Carrie Graf, Goriss led a new and refreshed Capitals side to a winning 13-11 season record but narrowly missed the finals. The Capitals will be relying on Goriss' expertise in individual player development to take the next step in achieving finals success.

		REGL	JLAR SEA	SON	FIN	ALS	
YEAR	TEAM	WIN	LOSS	POS	WIN	LOSS	NOTES
2016/17	UC Capitals	13	11	5th	0	0	Did not qualify
2017/18	UC Capitals	7	14	6th	0	0	Did not qualify
Totals		20	25				





### **#2 HANNAH YOUNG** FORWARD

**DOB** 2/3/93 **Height** 1.85m **Nationality** Australian

Junior Association | Newcastle

**Career Highlights** I Getting a division 1 scholarship to Virginia Tech | Setting the senior record for made 3's in a season (74) | Hitting a buzzer beater to send us through to the second round of the ACC Tournament | Getting a contract to play professionally in Europe



#### **#4 KRISTY WALLACE** GUARD

DOB 3/1/96 Height 1.80m Nationality Australian

Junior Association I Southern District Spartans

**Career Highlights** | NCAA elite 8 | World Uni games gold | Australian U19's Gems bronze | WNBA draft 2018 2nd round



#### **#5 LEILANI MITCHELL POINT GUARD**

DOB 15/6/85 Height 1.65m Nationality Australian

Junior Association I University of Utah/ University of Idaho

**Career Highlights** I American-Australian professional basketball player for the Phoenix Mercury of the Women's National Basketball Association. Drafted 25th overall by the Phoenix Mercury in the 2008 WNBA Draft. Played for multiple basketball teams outside of the United States. Current Chemist Warehouse Australian Opal.

REGULAR SI	EASON ST	ATS	FIE	LD GO	ALS		3 PTS		F	REET	HROW	s	R	EBOUN	IDS						A۷	ERAG	ES
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	ЗРМ	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
Dandenong	2013/14	26	249	108	43.4	112	46	41.1	56	56	85.7	310	23	92	115	58	141	2	38	70	11.9	4.4	5.4
Sydney Uni	2014/15	24	251	110	43.8	99	36	36.4	53	53	83	301	16	82	98	50	135	4	29	51	12.5	4.1	5.6
Adelaide	2015/16	24	347	149	42.9	115	38	33	94	81	86.2	417	19	67	86	69	124	4	55	84	17.4	3.6	5.2
Sydney Uni	2016/17	28	381	158	41.5	158	58	36.7	83	75	90.4	449	15	92	107	62	169	2	49	78	16.0	3.8	6.0
		102	1228	525	42.8	484	178	36.8	286	265	92.7	1477	73	333	406	239	569	12	171	283	14.5	4.0	5.6





#### **#7 LAUREN SCHERF** CENTRE

DOB 7/3/96 Height 1.96m Nationality Australian

Junior Association | Melbourne Tigers

**Career Highlights** I 2017 World University Games in Taipei, winning a Gold Medal | 2013 U/19 World Championships winning Bronze, with the U/19 Australian Gems | 2015 U/19 World Championship winning Bronze, with the U/19 Australian Gems | 2014/15 WNBL Rookie of the WNBL | Winning the title of 2016 SEABL Championship with Dandenong

REGULAR S	EASON ST	ATS	FIE	LD GO	ALS		3 PTS		F	REE T	HROW	s	R	EBOUN	IDS						A۱	'ERAG	ES
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
Dandenong	2013/14	15	34	15	44.1	1	0	0.0	9	7	77.8	37	3	14	17	13	4	3	0	8	2.5	1.1	0.3
Dandenong	2014/15	18	78	36	46.2	2	1	50.0	9	5	55.6	78	29	47	76	43	9	9	9	14	4.3	4.2	0.5
Dandenong	2015/16	25	130	51	39.2	15	3	20.0	30	22	73.3	127	26	63	89	42	15	17	2	28	5.1	3.6	0.6
Dandenong	2016/17	28	158	67	42.4	11	4	36.4	23	18	78.3	156	29	87	116	61	26	15	10	32	5.6	4.1	0.9
Canberra	2017/18	21	161	56	34.8	28	8	28.6	14	6	42.9	126	23	77	100	34	31	9	7	31	6	4.7	1.5
		107	561	225	40.1	57	16	28.1	85	58	68.2	524	110	288	398	193	85	53	28	113	4.7	3.5	0.7



#### **#9 MADDISON ROCCI** POINT GUARD

**DOB** 1/6/98 **Height** 1.7m

Nationality Australian

Junior Association | Werribee

**Career Highlights** | Represented Victoria under 16s,18s,20s | Won 4 Gold medals | Represented Australia at under 17 and 19 level | Being signed to the University of Canberra capitals

REGULAR SI	EASON ST	ATS	FIE	LD GO	ALS		3 PTS		F	REE T	HROW	s	RI	BOUN	IDS						A۱	/ERAG	ES
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	ЗРМ	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
UC Capitals	2017/18	21	60	24	40	12	1	8.3	35	28	80	79	5	20	25	34	36	2	15	27	3.8	1.2	1.7
		21	60	24	40	12	1	8.3	35	28	80	79	5	20	25	34	36	2	15	27	3.8	1.2	1.7



### **#11 KIA NURSE** GUARD/FORWARD

DOB 22/2/96 Height 1.83m Nationality Canadian

Junior Association I University of Connecticut

**Career Highlights** I Born and raised in Hamilton, Ontario, Canada | 2015 Pan Am Gold Medalist | 2015 FIBA Americas Gold Medalist and MVP 2016 Olympian with Team Canada | 2015 American Athletic Conference Freshman of the Year | 2x National Champion with University of Connecticut | 2018 NCAA National Defensive Player of the Year | Drafted 10th overall to New York Liberty in 2018 WNBA Draft"





#### **#12 MARIANNA TOLO** CENTRE

DOB 2/7/89 Height 1.96m Nationality Australian

Junior Association | Mackay

**Career Highlights |** WNBL all star 5 | Defensive player of year 2016/17 | Opals - Rio Olympic team 2016, WC bronze medal 2014, WC team 2010 | WNBL champions (Caps) 2008/09 & 09/10

REGULAR S	EASON ST	ATS	FIE	LD GO	ALS		3 PTS		F	REE T	HROW	S	R	EBOUN	IDS						A۷	'ERAG	ES
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	3PM	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
AIS	2006/17	21	135	72	53.3	1	0	0	44	27	61.4	171	33	64	97	51	15	35	6	41	8.1	4.6	0.7
AIS	2007/08	22	212	115	54.2	3	1	33.3	112	90	80.4	321	54	82	136	64	22	38	15	58	14.6	6.2	1
Canberra	2008/09	24	163	89	54.6	0	0	0	61	40	65.6	218	64	84	148	47	22	53	12	43	9.1	6.2	0.9
Canberra	2009/10	25	228	126	55.3	3	1	33.3	91	53	58.2	306	64	120	184	62	31	75	19	40	12.2	7.4	1.2
Canberra	2010/11	25	237	127	53.6	0	0	0	114	81	71.1	335	74	136	210	67	40	64	15	48	13.4	8.4	1.6
Canberra	2011/12	22	221	123	55.7	0	0	0	88	67	76.1	313	67	122	189	59	53	68	13	67	14.2	8.6	2.4
Canberra	2016/17	24	302	170	56.3	4	1	25	111	170	84.7	435	73	131	204	72	58	58	23	51	18.1	8.5	2.4
		163	1498	822	54.9	11	3	27.3	621	528	85.0	2099	429	739	1168	422	241	391	103	348	12.8	7.1	1.5



#### **#21 KEELY FROLING** FORWARD

DOB 31/1/96 Height 1.88m Nationality Australian

Junior Association I Townsville

**Career Highlights** | Aus U17 Sapphires 2013 | AIS 2013-2014 | SMU 2015-2016 | Canberra Caps 2016-present | Gold medal emerging opals University games 2017 | 3x3 Asia cup 2018 Bronze

REGULAR SI	EASON ST	ATS	FIE	LD GO	ALS		3 PTS		F	REET	HROW	s	R	EBOUN	IDS						A۷	/ERAG	ES
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	ЗРМ	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
Townsville	2012/13	1	1	0	0	0	0	0	4	1	25	1	0	0	0	0	0	0	0	1	1	0	0
Townsville	2013/14	3	1	1	100	0	0	0	0	0	0	2	0	0	0	2	0	1	0	0	0.7	0	0
UC Capitals	2016/17	24	84	29	34.5	15	1	6.7	30	22	73.3	81	21	40	61	35	10	5	7	21	3.4	2.5	0.4
		28	86	30	34.9	15	1	6.7	34	23	67.6	84	21	40	61	37	10	6	7	22	1.7	0.8	0.1







#### #22 KELLY WILSON GUARD

DOB 1/1/85 Height 1.7m Nationality Australian

Junior Association I Leongatha Lightning

**Career Highlights** | FIBA Oceania Championships: 2013 | World University Games: 2007 (Gold) | WNBL Rookie of the Year: 2003 | Staunton Medal for best player at the U20 | National Championships: 2003 | FIBA Young Women's World Championship: 2003 | WNBL Champion: 2013, 2014, 2018

REGULAR SEASON STATS			FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS								A۱	/ERAG	ES
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	ЗРМ	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
AIS	2002/03	18	168	62	36.9	42	12	28.6	34	26	76.5	162	21	58	79	50	47	9	24	46	9.0	4.4	2.6
Sydney	2003/04	19	53	16	30.2	25	5	20.0	2	2	100.0	39	2	15	17	36	23	2	16	28	2.1	0.9	1.2
Sydney	2004/05	24	137	54	39.4	39	12	30.8	21	17	81.0	137	22	26	48	39	22	1	14	26	5.7	2.0	0.9
Townsville	2005/06	21	206	85	41.3	59	19	32.2	36	34	94.4	223	19	34	53	47	53	1	26	51	10.6	2.5	2.5
Townsville	2006/07	18	126	59	46.8	41	12	29.3	15	11	73.3	141	14	44	58	48	33	2	13	35	7.8	3.2	1.8
Townsville	2007/08	23	213	86	40.4	64	23	35.9	63	49	77.8	244	27	45	72	69	50	1	26	59	10.6	3.1	2.2
Bendigo	2008/09	23	176	75	42.6	57	21	36.8	58	47	81.0	218	28	66	94	59	53	3	23	42	9.5	4.1	2.3
Bendigo	2009/10	23	238	82	34.5	112	39	34.8	55	46	83.6	249	35	60	95	57	50	1	12	39	10.8	4.1	2.2
Bendigo	2010/11	24	194	71	36.6	76	24	31.6	38	27	71.1	193	26	66	92	66	51	1	11	55	8.0	3.8	2.1
Bendigo	2011/12	22	124	44	35.5	65	25	38.5	13	10	76.9	123	22	46	68	49	58	2	17	20	5.6	3.1	2.6
Bendigo	2012/13	26	231	95	41.1	138	49	35.5	33	24	72.7	263	13	79	92	63	70	4	23	40	10.1	3.5	2.7
Bendigo	2013/14	23	182	78	42.9	73	31	42.5	47	35	74.5	222	20	56	76	54	92	1	22	51	9.7	3.3	4.0
Bendigo	2014/15	21	167	59	35.3	54	16	29.6	45	40	88.9	175	15	50	65	39	102	4	17	55	8.3	3.1	4.9
Bendigo	2015/16	24	284	91	32.0	93	31	33.3	71	60	84.5	273	29	56	85	66	131	2	22	68	11.4	3.5	5.5
Townsville	2016/17	16	67	27	40.3	11	4	36.4	23	17	73.9	75	9	41	50	29	70	3	7	23	4.7	3.1	4.4
Townsville	2017/18	25	124	49	39.5	47	15	31.9	30	26	86.7	139	15	63	78	40	113	1	30	50	5.6	3.1	4.5
	TOTAL	350	2690	1033	38.4	996	338	33.9	584	471	80.7	2876	317	805	1122	811	1018	38	303	688	8.1	3.2	2.9



#### **#23 KELSEY GRIFFIN FORWARD**

DOB 2/7/87 Height 1.88m Nationality Australian

Junior Association I University of Nebraska

**Career Highlights** | 3rd overall pick in WNBA draft (2010) | WNBA all rookie team | 2 WNBL Championships (2 Grandfinal MVPs) | All Star 5 | Defensive player of the year | Asia Cup Silver medal (MVP) | Commonwealth Games gold medalist

REGULAR S	FIELD GOALS			3 PTS			FREE THROWS				REBOUNDS								A۱	ERAG	ES		
TEAM	YEAR	G	FGA	FGM	FG%	ЗРА	ЗРМ	3P%	FTA	FTM	FT%	PTS	OR	DR	REB	FLS	ASS	BLK	STL	то	PTS	REB	ASS
Bendigo	2012/13	19	264	119	45.1	30	7	23.3	102	68	66.7	313	61	102	163	59	16	18	33	40	16.5	8.6	0.8
Bendigo	2013/14	26	308	139	45.1	48	16	33.3	99	70	70.7	364	100	139	239	73	42	26	31	60	14.0	9.2	1.6
Bendigo	2014/15	25	297	144	48.5	54	16	29.6	106	84	79.2	399	66	163	229	52	49	16	34	38	16.0	9.2	2.0
Bendigo	2015/16	21	299	140	46.8	69	19	27.5	97	76	78.4	375	69	140	209	62	39	20	41	44	17.9	10.0	1.9
Bendigo	2016/17	24	184	85	46.2	110	37	33.6	108	82	75.9	363	47	138	185	61	68	27	35	58	15.1	7.7	2.8
Bendigo	2017/18	6	73	33	45.2	14	1	7.1	42	34	81.0	101	13	42	56	14	15	10	7	13	16.8	9.3	2.5
		121	1425	660	46.3	325	96	29.5	554	414	74.7	1915	356	724	1081	321	229	117	181	253	16.0	9.0	1.9





### #41 KAILI MCLAREN FORWARD

DOB 12/5/88Height 1.88mNationality USAJunior Association | University of ConnecticutCareer Highlights | 2x National Champion at UCONN | Greek POY | 1stTeam Israel League

## **Development Players**

Abby Cubillo Elizajane Loader